



# American Association of Cardiologists of Indian Origin



## 2014 - AACIO Newsletter Mar 2014

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## AACIO Dinner Meeting Spring 2014

Venue: Carmine's Restaurant, 425 7th St NW (at the Penn Quarter),  
Washington, DC. Phone: (202) 737-7770

30 March 2014  
Event Time: 6:00 p.m. – onward

5:45 – 6:25 p.m. Registration and Reception. Appetizers

**Symposium Directors:** Drs. Navin C. Nanda and Kul Aggarwal

6:25 – 6:30 p.m. Introduction. **Drs. Kul Aggarwal and Navin C. Nanda**

6:30 – 6:50 p.m. Recent Advances in the Management of Dyslipidemia - **Dr. Kris Vijay**

6:50 – 6:55 p.m. Discussion and Questions from the Audience

6:55 – 7:15 p.m. Coronary Artery Disease in Asian Indians: Myths and Facts – **Dr. Navin C. Nanda**

7:15 – 7:20 p.m. Discussion and Questions from the Audience

7:20 – 7:45 p.m. AACIO Honorees and Young Investigator Awards

7:45 p.m. Dinner (Indian/Italian Cuisine). With entertainment

9:30 p.m. Adjourn

Registration is Complimentary. RSVP to Lindy Chapman, e-mail: lindyc@uab.edu or phone: 205-934-8256

Special note regarding location of Carmine's: Carmine's is at the intersection of 7th and E Street NW, 1 block South of the Verizon Center. From the Convention Center it is 6 blocks as follows: Follow the signs in the Convention Center for the "7th and L Streets Exit" and walk down 7th Street 6 blocks to 425 7th Street NW.

## Faculty

**Kul Aggarwal, MD**, Professor of Clinical Medicine, University of Missouri and Chief, Cardiology Section, Harry S. Truman Veterans Hospital, Columbia, Missouri

**Navin C. Nanda, MD**, Distinguished Professor of Medicine and Cardiovascular Disease, Director, Heart Station/Echocardiography Laboratories, Senior Scientist, Minority Health and Research Center and UAB Center for Aging, and UAB Comprehensive Cardiovascular Center, University of Alabama at Birmingham, Birmingham, Alabama.

**Kris Vijay, M.D.**, Noninvasive Cardiologist and Vice President, Scottsdale Cardiovascular Center and Director of the Heart Failure Program, Scottsdale, Arizona

## President's Column



Dear Friends,  
Welcome to the Spring Edition of the AACIO Newsletter. I hope that the winter storms that affected many of us are finally over. May the year 2014 be full of good health, success, joy and peace for you.

I am pleased to report that your organization remains strong. Last November at the AHA meeting in Dallas, Texas, we had a very successful meeting with excellent attendance. Three Young Investigators were recognized for their outstanding work. The scientific program was followed by Indian cuisine.

Cardiologists of Indian Origin play a vital role in the provision of Cardiovascular care as well as academic leadership and research in the United States. We are proud of our colleagues. AACIO is your organization and joining it adds strength to all of us.

Our next dinner meeting will be held in the nation's capital on Sunday, March 30, 2014. The venue and program details can be found in this newsletter. You are all cordially invited. Please encourage fellows-in-training to submit their work for the Young Investigators' Awards.

Please let us know what we can do to improve and strengthen your Organization.

We are grateful to our industry sponsors whose support makes it possible to hold our meetings. Be sure to visit the new and redesigned AACIO website at [www.aacio.org](http://www.aacio.org) to update your information and to keep in touch. It is important that we have your current e-mail address in order to ensure that you receive the information that you need.

Warm Regards,

Kul Aggarwal, M.D., F.A.C.C.  
President



## NOTE FROM EDITOR, AACIO NEWSLETTER.

AACIO would like to receive News Items about its members or Short Articles of interest for consideration of publication in the next Newsletter. Please send your items for consideration to Dr. Debasish Roychoudhury, Editor,

Email: [roychoudhury03@yahoo.com](mailto:roychoudhury03@yahoo.com)

## AACIO Young Investigator Awards



### Dr. Krishna Ramaswamy Award



**Interventional/EP**  
Title: Renin-Angiotensin System Blockade after Percutaneous Intervention for ST Elevation Myocardial Infarction in Patients with Normal Ejection Fraction.  
**Akhil Parashar** MD, Shikhar Agarwal MD MPH FACP, Aatish Garg MD, Kanhaiya Poddar MBBS, Amar Krishnaswamy MD, E. Murat Tuzcu MD FACC, Samir Kapadia MD FACC. Heart and Vascular Institute, Cleveland Clinic, Cleveland, OH

### Dr. Madhukar Deshmukh Award

#### Preventive/Imaging



Title: Impact of High-density Lipoprotein Cholesterol on Revascularization Procedures in Patients With Stable Ischemic Heart Disease: A Post-hoc analysis from the COURAGE trial  
**Subroto Acharjee**, M.D., William E. Boden, M.D., Pamela M. Hartigan, Ph.D., Koon K. Teo, M.B., B.Ch., Ph.D., David J. Maron, M.D., Steven P. Sedlis, M.D., William Kostuk, M.D., John A. Spertus, M.D., M.P.H., Marc Dada, M.D., Bernard R. Chaitman, M.D., G.B. John Mancini, M.D., William S. Weintraub, M.D., "Einstein Medical Center Philadelphia, Philadelphia, PA, "Samuel S. Stratton VA Medical Center and Albany Medical College, Albany, NY, "Cooperative Studies Program Coordinating Center and VA Connecticut Health Care System, West Haven CT, "McMaster University Medical Center, Hamilton, ON, Canada, "Vanderbilt University Medical Center, Nashville, TN, "Veterans Affairs (VA) New York Harbor Health Care System and New York University School of Medicine, New York, NY, "London Health Sciences Centre, London, ON, Canada, "Mid America Heart Institute and University of Missouri-Kansas City, Kansas City, MO, "Hartford Hospital, Hartford, CT, "St. Louis University, St. Louis, MO.

§§University of British Columbia, Vancouver, BC, Canada; |||Christiana Care Health System, Newark, DE.

#### Preventive/Imaging



Title: Different mortality predictors in aortic stenosis patients undergoing surgical aortic valve replacement  
**Rooshia Parikh** MD, Andrew Goodman MD, Tyler Barr, Joseph F Sabik MD, Lars Svensson MD PhD, L. Leonardo Rodriguez MD, Bruce W Lytle MD, Richard A Grimm DO, Brian P Griffin MD, Milind Y Desai MD. Cleveland Clinic Foundation, Cleveland, Ohio

## AACIO Honorees



**Kris Vijay, MD, FACP, FACC, FNLA** received his medical degree from the Kasturba Medical College, University of Mysore, India, in 1979, and postgraduate training in medicine in Bombay, India, in Oxford, UK and in Rochester, New York. He served a fellowship in endocrinology and diabetes at the University of Southampton, UK and completed a fellowship in cardiology at Good Samaritan Medical Center, University of Arizona, in Phoenix. He also holds a Master of Science degree in Clinical Research Design and Statistical Analysis from the University of Michigan. Dr. Vijay is a noninvasive cardiologist and Vice President at Scottsdale Cardiovascular Center and Director of the Heart Failure Program. He is also Chair of Scientific Research Committee at Scottsdale Healthcare Clinical Research Institute, Scottsdale, Arizona. He has been in Arizona for more than 23 years and maintains an active clinical practice in Scottsdale. Dr. Vijay is the immediate past Governor of the American College of Cardiology, Arizona Chapter, President Elect of the South West Lipid Association and is the current President of the Cardio Failure Society of America as well as President of TWINEPIDEMIC, Inc. (a nonprofit organization addressing Diabetes and Heart disease among South Asians all over the world). A Fellow of the American College of Cardiology, the American College of Physicians, National Lipid Association and the American College of Chest Physicians, his memberships also include the Heart Failure Society of America, and American Heart Association. He is a member of the clinical cardiology council as well as council for Atherosclerosis, Thrombosis and Vascular Biology and received the Governor's award from Health Services Advisory Group (HSAG), October 2002. He was awarded the Jerome Markowitz award for career achievement by SASAT in 2013 and received an award from American College of Cardiology in 2013 for 3 years of prolific work in pursuit of quality education, mutually beneficial partnership and advocacy.



**S.B. Gupta, MBBS, MD (Internal Medicine), FACP (Hons) (USA), FCCP (USA), FACC (USA)** is currently Consultant Physician-Cardiologist at the Asian Heart Institute in Mumbai. He is a former Chief Medical Officer, Chief Physician, Cardiologist and Head of the Department of Medicine and Cardiology at the Central Railway Headquarters Hospital in Mumbai. Previously he served at the Royal Hospital, Muscat, Oman for more than 3 years in the Department of Cardiology on deputation from India. Dr. Gupta has held several positions in physician organizations including President of the Association of Physicians of India (2005), Dean of the Indian College of Physicians (2013), Elected Governing Council Member of Cardiological Society of India for the years 2012 and 2013, President of the American College of Chest Physicians (Western India) [2005-2006], and President of the Indian Society of Electrocardiology and the Indian College of Cardiology. In 2005, he was conferred an Honorary Fellowship of the American College of Physicians. He has also been recipient of General Manager's Award twice for the meritorious services in Railways.



**Satya Gupta, MBBS, MD** is an interventional cardiologist and Director of Care Institute Medical Society Hospital in Ahmedabad, India, founder of radial interventional program in his group and Course Director of the Echocardiography Fellowship training program in his hospital. Dr. Gupta did his MBBS and MD from SN Medical College Jodhpur and DM from Christian Medical College Vellore, which is considered one of the best medical colleges of India. Thereafter he did an Interventional Cardiology Fellowship (Radial Interventions) from Pitié - Salpêtrière University Hospital, Paris (France), the largest and oldest hospital in Europe. He has been honored by many national authorities for providing best social and medical services in different regions of the States of Rajasthan and Gujarat. He was also invited by the Government of Tajikistan to set up a modern cath lab in that country as a Visiting Professor of Cardiology and taught and performed many radial angiographies and angioplasties in that country. For this he received a special acknowledgment from the President of Tajikistan. He was recently awarded Fellowship of the European Society of Cardiology (FESC) and will be awarded FACC in current ACC on March 31, 2014.

**Harbhajan Ajrawat, MD** is Chairman of the American Association of Physicians of Indian Origin (AAP) Legislative Committee and a Past President of the Indian American Association (IAMA) of Greater Washington D.C.

**Sudhir Sekhsaria, MD** is Immediate Past President of the Indian American Medical Association (IAMA) of Greater Washington D.C.

**Manbir Thakar, MD** is President of the Indian American Medical Association (IAMA) of Greater Washington D.C.



**Rajeev Khanna, MD** is President of the Virginia Association of Physicians from India (VAAP), a patron Member of AAP and Chair of the IT Committee, AAP. He is Clinical Preceptor-Family Nurse Practitioner (FNP) program at Georgetown University, Washington D.C. and former Chairman, Department of Medicine at the Reston Hospital Center, Reston, VA

## Members Achievements

**Sukh Dev Sharma MD**, a current AACIO Board member and its past president, has recently been appointed as a member to the Pennsylvania State Board of Medicine. In 1974, Dr. Sharma founded Medcor Associates Inc., a practice, focused on cardiac and vascular care in Erie, Pennsylvania. Currently this group has 16 cardiologists serving Northwestern Pennsylvania tri-state region. During these years Dr. Sharma has served as Chief of Cardiology, Director of CCU and Cath Labs and has also been a principal investigator/coordinator of several clinical research projects and continuing medical education at Hamot-UPMC Medical Center in Erie. He has published a number of papers and has presented them at the national AHA conventions. Dr. Sharma is an active member of the community and has served as president of the American Heart Association NW PA chapter. He is also Founding President of the India Association of Greater Erie and past Chairman of AAP-Charitable Foundation.



**Navin C. Nanda, MD**, was honored with the Father of Echocardiography and Life Time Achievement Awards by the Care Institute Medical Society of Research and Education (CIMS) in Ahmedabad in January 2014. He also received a Special Award from, Dr. Najeib Jung the Lt. Governor of Delhi at the Revolutionary Cardiac Therapies Conference organized by the Fortis Escorts Heart Institute, New Delhi, India on February 9, 2014 for "your contribution, support and guidance to set new benchmarks over the last 25 years". The Association of Physicians of India, the largest physician organization in India, bestowed on him the "Jewel of Punjab and Life Time Achievement Awards" at their annual meeting in Ludhiana, Punjab, February 21, 2014. • A new book, Heart Disease in Women, edited by Dr. Navin C. Nanda and Dr. Nurgul Keser, will be released at the ACC meetings in Washington, D.C. The publisher is Jaypee Brothers Medical Publishers.

## Future Cardiology/Echocardiography Conferences

### NO FEE FOR ECHOCARDIOGRAPHY CONFERENCE

Washington, D.C., FRIDAY, March 28, 2014  
More than 70 super interesting cases by over 70 national and international faculty will be presented

30th Annual International Conference on Recent Advances in Echocardiography and Allied Techniques Sponsored by the International Society of Cardiovascular Ultrasound (ISCU) in conjunction with the University of Alabama at Birmingham Echocardiography Laboratory and the American Association of Cardiologists of Indian Origin (AACIO)

Venue: Embassy Suites Washington D.C. – Convention Center, 900 10th Street N.W., Washington, D.C. 20001. Phone: (202) 739-2001. Room: Capital Ballroom C and D, Mezzanine Level

Date: March 28, 2014 - Friday  
Time: 7:30 a.m. onsite check in and continental breakfast; 8:00 a.m. – 5:00 p.m.

Conference. Conference Director: Dr. Navin C. Nanda.

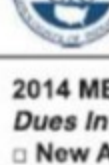
CME Credit is not provided for this conference. The International Society of Cardiovascular Ultrasound will provide a certificate of attendance.

To register: Contact Lindy Chapman, office of Dr. Navin C. Nanda, Phone: 205-934-8256; e-mail: [lindyc@uab.edu](mailto:lindyc@uab.edu)

### \*\*\*\*\*FUTURE CONFERENCES\*\*\*\*\*

October 9 – 12, 2014, 27th Annual Conference on 2D, Conventional and Color Doppler Echocardiography, Callaway Gardens Resort, Pine Mountain, Georgia.

Conference Director: Navin C. Nanda, M.D., Conference Co-Director: Robert B. Copeland, M.D. Contact e-mail: [lindyc@uab.edu](mailto:lindyc@uab.edu)



## AMERICAN ASSOCIATION OF CARDIOLOGISTS OF INDIAN ORIGIN (AACIO)

### 2014 MEMBERSHIP Dues Invoice

☐ New Application  
☐ Renewal

**Rakesh Sharma, MD**  
AACIO-Treasurer  
700 W GROVE ST  
EL DORADO, AR 71730  
Email: [info@aacio.org](mailto:info@aacio.org)

Please ignore if you Are a Life Member or have already paid your dues for 2014

Please visit [www.aacio.org](http://www.aacio.org) for more information

Please complete the form below and send with payment

### Membership Payment Type

☐ Individual Membership: \$50 (Annual) ☐ Life Membership: \$500  
☐ Family Membership: \$10 ☐ Resident Membership: \$10

Payment enclosed: \$

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Country			
Office Telephone			
Fax Number			
Email Address (Required)			
Alternate Email Address (optional, eg. Home, Mobile)			



JAY T. OH, D.  
PRINCIPAL SCIENTIST  
PROTEIN TECHNOLOGIES

**I AM NOT BACKING DOWN FROM THIS FIGHT.**

**Biotechnology vs Cardiovascular Disease. The fight is on.**

For the scientists at Amgen, that fight is personal. With millions suffering a cardiac event each year, we are never far from being touched by cardiovascular disease ourselves—be it a family member's health issue, a friend's, or our own. As we use the power of biotechnology to pioneer new therapeutics, we are determined to alter the course of this global epidemic. Because behind the statistics is one vital thing: the lives of people we know.

**AMGEN**  
Cardiovascular